



Mount Pearl Annual Athletics Awards 2018



Chantal Barnes

**Winner of the Female Athlete of the Year
Award, 2018**



Chantal trains and coaches with the PearlGate Track and Field Club (PGTFC). She is coached by Mark Miller and was PGTFC Female Athlete of the Year for 2018.

In July 2018 Chantal competed in the U20 age category at Atlantic Championships Track & Field Championships in Charlottetown, PEI. She won the 400m in a time of 58.58, and was 4th in the 200m (26.47). She also anchored the 4x400 women's relay team with a winning time of 4:03.36, and setting a new senior provincial record. The PGTFC team finished 6th overall in the meet which included 22 track and field clubs.

At the Athletics Canada Track and Field Championships in Ottawa, Chantal ran a personal best of 2:16.28, finishing 10th of 26 runners in a very competitive 800m field. Looking ahead, Chantal is excited to be representing the Sea-Hawks this February at the AUS Championships.